

# DSACK

*beautiful capable loved*

## What?

The Buddy Walk is a celebration of individuals with Down syndrome, their families, friends and supporters from across our community. The Down Syndrome Association of Central Kentucky (DSACK) hosts this annual event, in order to raise funds and to highlight National Down Syndrome Awareness Month in October. It is open to ANYONE who wants to support the Down Syndrome Association of Central Kentucky. Over 1800 supporters participated last year!

## How?

Funds are raised through individual walkers and/or teams made up of people just like YOU! Join us today by filling out this form or registering on-line at [www.dsack.org](http://www.dsack.org).

## Why?

Ultimately, the Buddy Walk promotes the acceptance and inclusion of people with Down syndrome. However, our Walk also raises money to promote Down syndrome awareness and education for local families, caregivers, medical and educational professionals in our community. Funds raised in 2010 were specifically used to provide scholarships for camps and conferences, immediate information and assistance to new families, assistance to families during times of crisis, expansion of our lending library, the cost of publishing and mailing our bimonthly newsletter to nearly 400 families and professionals, quarterly social events for individuals with Down syndrome and their families, monthly age-specific groups for children/adults and their families, and educational materials within the community, as well as the national advocacy initiatives of NDSS that benefit all individuals with Down syndrome. Money that the National Down Syndrome Society (NDSS) receives from the Buddy Walk program goes to support the policy center in Washington, D.C. which works on national initiatives that benefit all individuals with Down syndrome.



**Register by SEPTEMBER 24, 2011**



P.O. Box 910516  
Lexington, KY 40591-0516

## **9th Annual Buddy Walk 2011 Registration Form**

Saturday, October 1, 2011 at The Thoroughbred Center, Lexington, Kentucky  
9:30 a.m. Registration, Exhibitors, Silent Auction & Activities begin 11:00 a.m. Walk  
12:00 noon Lunch, Exhibitors, Silent Auction & Activities continue

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## Register Now!

**Register by Saturday, September 24th** to receive a cool Buddy Walk T-shirt, lunch, entertainment, and access to raffle and auction items. (You can register the day of the walk, but ONLY pre-registered walkers will be guaranteed a t-shirt.)

## Online Registration

Register to join the Buddy Walk on-line! You can register, form a team, ask friends/family for donations all through the internet. To opt for online registration, simply go to [www.dsack.org](http://www.dsack.org) and click on "register here".

## Or...simply use this form

You can still always register by filling out the form below, if you do not wish to use the on-line option.

Terms: All contributions benefit the Down Syndrome Association of Central Kentucky and NDSS education, research and advocacy programs. Registration must be received by September 24th to be eligible for a t-shirt and prizes. All donations are tax-deductible.

## Donations

Donations can be sent to DSACK in advance. Be sure your team's name is written in the memo line. Checks should be made payable to "DSACK Buddy Walk" and mailed to: DSACK, P.O. Box 910516, Lexington, KY 40591. You can also turn in your donations at the pre-event t-shirt pick up day (September date TBD). Or, as always, you can turn donations in the day of the walk.

## Form a Team!

If you wish to form a team, just gather together 10 or more walkers, pick a special name (examples are Marching for Mattie or Bobby's Bunch) and register as many people as you can. Get creative by holding special events like dress down day at work, a car wash, yard sale, bake sale or find matching funds from employers—be creative!

## For Questions about forming a Team:

Visit [www.dsack.org](http://www.dsack.org) or contact Regina Schmutte at 859-983-3754 or [buddywalk@dsack.org](mailto:buddywalk@dsack.org).

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Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City, State, Zip: \_\_\_\_\_  
Phone: \_\_\_\_\_  
Email: \_\_\_\_\_  
Team Name (if applicable): \_\_\_\_\_

**What is the registration fee you wish to pay per person?:**  \$15  \$20  \$25  \$50 per person

**How many people are you registering on this form?:** \_\_\_\_\_

Please check ALL that apply:

- I am giving \$\_\_\_\_\_per person registration fee X \_\_\_\_\_ # of walkers = \$\_\_\_\_\_ TOTAL ENCLOSED  
 My company has matching funds. Attached is a matching gift  Contact me to volunteer the day of the walk  
 Other \_\_\_\_\_  
 I am not able to attend the Buddy Walk but would still like to donate \$\_\_\_\_\_

Although I am not attending:  I still want a t-shirt (size below) OR  I do not need a t-shirt

If your family is new to DSACK or if this is your first Buddy Walk, check here if you want to be paired with another DSACK family for the Buddy Walk!

**T-shirt Sizes & Quantities;** Please specify a size for each participant on this form by placing a NUMBER on each line below:

Youth: XS \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ Adult: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ XXL (\$5 additional charge)\_\_\_ - PLEASE INPUT A NUMBER

*Waiver: In consideration of me and/or my minor child being permitted to participate in the Buddy Walk, I hereby-for myself, my heirs and personal representatives-assume any and all risks which might be associated with the event. I further waive, release, discharge and covenant not to sue the Down Syndrome Association of Central Kentucky (DSACK), the National Down Syndrome Society (NDSS), or The Thoroughbred Center, its officers, employees, sponsors, organizers, volunteers or other representatives or their successors and assigns, for any and all injuries or damages of any kind whatsoever suffered by myself or my minor children as a result of taking part in these events and any related activities. I also authorize the use by DSACK or NDSS of any photos, film or videotape take of me or my minor child at this event for any purpose.*

Signature: \_\_\_\_\_ Signature: \_\_\_\_\_  
Signature: \_\_\_\_\_ Signature: \_\_\_\_\_  
Signature: \_\_\_\_\_ Signature: \_\_\_\_\_