



# DSACK

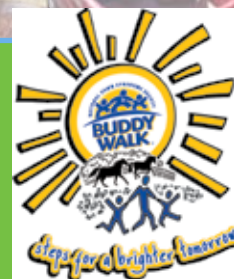
*beautiful capable loved*

NOVEMBER  
DECEMBER  
**2010**  
VOLUME IV  
NUMBER VI



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*buddy walk 2010 edition*



WHAT'S GOING DOWN WITH **DSACK**

**DSACK IS HOSTING A CONFERENCE: MARK YOUR CALENDARS!**

On February 26, 2011, DSACK will be hosting a conference for parents, teachers, therapists and others involved in the lives of people with Down syndrome. We are very fortunate to have the following presenters lined up thus far: Jeff Bradford, MSW, Beverly Durburow, P.T., Meada Hall, M.S. Ed. D., Donna Horn, Ph.D., CCC-SLP, Jane Kleinert, Ph.D., CCC-SLP, and Sally Shott, M.D. The conference will feature breakout sessions on a variety of topics including postsecondary education, physical therapy for older students and young adults, IEPs, literacy, speech and language therapy and ENT issues specific to individuals with Down syndrome. Additional speakers and topics to be announced.

This half-day seminar will be held at Marriott's Griffin Gate Resort and will include breakfast and lunch. There will be a small registration fee and a limited number of scholarships will be available to DSACK families.

More details to come, but make plans now..... we are sure this is something you won't want to miss!

**Word is Getting Out!!**

Our communities around Central Kentucky are taking notice of DSACK and requesting that we speak to their schools, churches and community organizations. This is so exciting for our organization as we help educate children and adults about the potential of individuals with Down syndrome. These presentations are always well-received and everyone is very appreciative of the knowledge they have received.

Here are a few of the places we have been honored to speak with recently:

- Children's Montessori of Georgetown
- Veterans Park Elementary
- Girl Scout leaders in Lexington
- Several Girl Scout troops
- Altrusa Club
- Georgetown College
- UK Physical Therapy Students



If you would like us to present to your school, business, doctor's office or community organization, please contact us at 859-494-7809 or info@dsack.org. This is such a vital part of creating a brighter future for our loved ones with Down syndrome by educating others about their true potential.

**Please Join Us For Our Annual Holiday Party!**

This year's party will be held at Second Presbyterian Church, 460 E. Main Street, Lexington, KY. The festivities will be held on Dec. 4, from 11:00am-1:00pm. DSACK will once again provide a delicious meal, so all you need to bring is your beautiful family and a small gift for each of your children, (\$10.00 or less). This is our most well-attended social event, and

you won't want to miss the fun! We also expect a visit from the jolly man from the North Pole! Mark your calendars now to attend!



**Mom's Night Out Special Event**

Meet Kim Edwards, author of *Memory Keeper's Daughter* November 15th at 6pm at Eileen's house. Mrs. Edwards will discuss her book and lead us in a writing exercise, then end with a question and answer session. Please RSVP to Eileen Miot at 859-340-2771 or erwky@yahoo.com. Please bring a journal and an appetizer or dessert to share. The address is 131 East 7th Street in Paris, KY. Hope to see you there!

**Letter to readers by Kim Edwards**

*Dear Reader,*  
*The Memory Keeper's Daughter opens with a pivotal moment, one that changes the lives of all its characters forever. Forced to deliver his own twins in a snow storm, Dr. David Henry sees at once that while his son is healthy, his daughter has Down syndrome. He makes a split second decision to send his daughter to an institution; meaning to spare his wife what he imagines will be years of grief, he tells her that their daughter died. His nurse can't leave the infant, however. Instead, she flees with her to Pittsburgh, where she raises the girl as her own.*

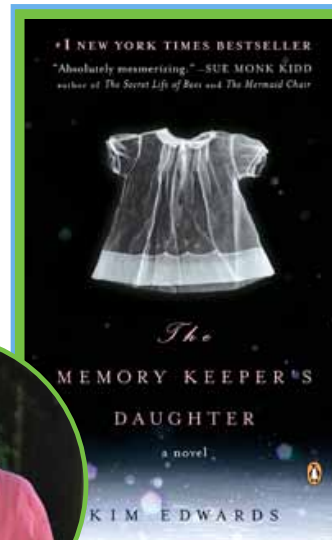
*I had been thinking about this novel idea for about three years before I started writing, and the opening chapter came to me very quickly. Once I'd written it, I found myself completely absorbed. I wanted to understand how these characters responded to the events of this night and how their choices shaped their lives. Writing is always a process of discovery—I never know how the story will unfold until I write it—and one of the pleasures of writing *The Memory Keeper's Daughter* was finding the strength and resilience that emerged in these characters in the face of difficult circumstances they did not completely understand.*

*The Memory Keeper's Daughter did very well when it was published in hardcover, receiving good reviews and reaching many readers. Still, nothing could have prepared me for the breathtaking reception of *The Memory Keeper's Daughter* in paperback, simultaneously reaching the #1 place on *The New York Times*, *USA Today*, *Publisher's Weekly*, and *Book Sense* best seller lists within just weeks of publication.*

*As an author, it's very deeply satisfying to know your work is being widely read and discussed. I thank you all for your warm reception of my novel, and for recommending *The Memory Keeper's Daughter* to friends, family, and book groups! I hope this website will contribute to the conversation, and that it will answer some of the questions that come up most frequently about *The Memory Keeper's Daughter*.*

*Best Wishes,*

*Kim Edwards*



# DSACK

**A Huge Thank You** to Durward E. Narramore III and the Letcher County 10 & 5 biathlon, which raised \$1000 to benefit DSACK!

*Submitted by Durward E. Narramore III, Father*

"Four years ago my wife and I were blessed with one of the greatest gifts from God... Breyden Edward Narramore. During our pregnancy with Breyden my wife and I didn't know just how special Breyden was. We knew that something was not the same as the pregnancy of our oldest daughter Sophia Grace Narramore, but as most people of faith we knew to leave all our worries in the hands of God and everything will work out the way it should.

I remember going to see Dr. Berry Campbell in Lexington for a checkup and while there, he told us that we needed to deliver as soon as possible, little did we know but he was meaning now. While my wife was in the delivery room everything went great and I remember the nurse coming into the room and saying, "you're ready" the next thing I knew we were holding a beautiful baby boy. The pediatrician came into the room and made his check and sat in a chair and he said, "mom, I think you know, but dad, I don't think you know" and I remember saying, "what" and he said, "Breyden has Down syndrome".

At first I thought this could not be, he looks so much like me and all the things the doctor is showing me as signs I have them as well. I then looked at my wife and said to her, "I love you, this is ok, I now have a little buddy." We found out that Breyden had to have open heart surgery and through the grace of God and the help of Dr. Carol Cottrill and her staff Breyden is doing great! He is a student at West Whitesburg Pre-School.

Breyden now has a new little sister Bristol Olivia Narramore and he is a great big brother. I look into Breyden's eyes and I see beauty, Love and I feel his dependence on me and that makes me so proud. I could not imagine life without him and I would not go back and change anything.

The past few months I wanted to do something to help other parents that have walked in similar paths that my family has walked in, so we started the Letcher County 10 & 5 biathlon to help raise money for Down syndrome awareness and I wanted to pledge our money to D.S.A.C.K. After talking to Dr. Cotrell and Eileen Miot and hearing all this organization does I knew that this is the best organization to pledge the money."

*note from editor: Mr. Narramore designated this donation be put in DSACK's Erica's Fund, which assists DSACK families in times of crisis"*



## Support DSACK's Newest Fund Raising Ventures

Check out DSACK GEAR online apparel site and purchase a new polo, hat, or baby onesie with the DSACK logo on it. Find all the latest styles at [www.companycasuals.com/dsack](http://www.companycasuals.com/dsack). DSACK will earn a 12% rebate, quarterly! Orders can be taken at our online DSACK STORE on the [www.dsack.org](http://www.dsack.org) homepage.



Sign up for the Kroger Gift Card Fundraising Program for only \$5.00. How does the gift card program work? The Kroger fundraising program is for all 501(C)3 non-profit organizations. The gift card you purchase will come preloaded with the purchase price of \$5.00. DSACK supporters then recharge the card for up to \$100.00 at the register or at the customer service center if more than \$100.00 BEFORE purchase. This gift card can be used on groceries, pharmacy and fuel. DSACK earns 4%! The gift card is accepted in all Kroger Stores throughout the U.S and can be sent to family and friends out of state and still benefit DSACK as long as the card is recharged. If a new card is needed, you simply contact dsack at 859-494-7809.



Supporting DSACK's newest fundraising ventures means supporting our kids, teens and young adults with Down syndrome. If you would like to help DSACK get these fund raisers off the ground or have other ideas, please contact Eileen Miot at 859-340-2771 or [erwky@yahoo.com](mailto:erwky@yahoo.com).

## Picture This...

We have a vision of grouping dozens of photos of our loved ones together to beautifully decorate the walls of our new space! Photos can be of individuals alone or with family members. We will be purchasing all of the mats/frames in bulk, but will need to make this affordable for our organization. In order to do this, please submit \$10 with your photo to cover the cost of the mat and frame. If the cost of the frames or mat is a financial burden for any reason, you can contact us at [info@dsack.org](mailto:info@dsack.org) or 859-494-7809. You can email your photos to this same email address and mail your check to DSACK, P.O. Box 910516, Lexington, KY 40591. You can also give them to your group leader or a board member. Thank you!



**BUDDY WALK**



**2010 Buddy Walk**

*Submitted by Regina Schmutte, Buddy Walk Chair*

**WOW!** Wow.... it is a small, simple word, but this is how I felt after this past Buddy Walk! Did you know that we had over 60 teams? Did you know that we had over 1800 walkers? Did you know that we had over 200 volunteers? Did you know that we raised

over \$88,000? WOW! What a success! Over the past two years, with the help of our fabulous committee members... and YOU....we have reduced Buddy Walk expenses by \$25,000, doubled our bottom line, doubled our sponsorships and raised our walkers by over 15%! WOW.

Did you know that ALL of the money raised at this walk (with the exception of the 7% which is sent to our national organization) goes to helping our families in Central Kentucky? Did you know that the money raised on Oct 2nd assists DSACK in making presentations to schools, medical professionals and many other community groups?

Did you know that we offer scholarships to camps and conferences and help families in the hospital with the money that we raised? Did you know that we get to celebrate, together, at our Holiday Party and our Summer Picnic with the money that we raised? Did you know that the money that we raised supports monthly events for new parents, elementary students and the teen/ young adult group? WOW.

I have been to many fundraising walks, and there is none like our Buddy Walk. They walk, but do they celebrate? Our community amazes me! Every day!

I know that we are all more alike than different, but when I look over our celebration....boy, do I really think that we "stand out"!

Thank you! Without all of you and your hard work, we would not be able to do any of this!

Regina Schmutte

**Experiences**

As we approached this year's Buddy Walk at the Thoroughbred Center, we were truly amazed at the incredible attendance and the line of cars approaching the new venue. It was SO exciting being in the middle of it, as if we were going to see Coach Cal and his Wildcats. But instead, we were met with smiles and hugs of longtime friends ready to celebrate our loved ones with Down syndrome.



While standing with my daughter, on stage singing the national anthem, I was overcome with emotion and tears. When I looked out into the auditorium to see what seemed like thousands of people all wearing their brightly colored yellow shirts and huge smiles on their faces, I was filled with JOY! As I looked a little closer, I saw many of my cherished friends that I originally met when they were given a pre-natal or at birth diagnosis and the uncertainty in their eyes had now been replaced with Unconditional LOVE that could truly be "felt" from them and everyone around them. The realization was TOTALLY overwhelming!

It looked like a garden of love that had been planted by every single family member and the "SEEDS" had completely blossomed! Through the years, we have watched our own children, as well as those around them, grow and develop their skills and talents. We have grown from 500 - 600 in attendance our first year to 2500 - 3000 estimated this year.

As I stood on the stage with my daughter, looking out at all the beautiful faces, I realized that we had all been brought together for a purpose. Together with the support of our board, family members, co-workers, teachers, friends and neighbors, we have accomplished far more than any of us could have done alone. We feel very blessed to be a part of the Central Kentucky community celebrating our children and loved ones with Down syndrome. We thank each and every one of you for your continued support of our family and for the blessings you have been to us!

Keep Smiling!  
Karen Boudreaux

**Self Advocate**

I like to go to the Buddy Walk with my family. I saw Clifford the Big Red Dog there. The dancing girls were awesome! I liked the little girl who sang "Baby" (by Justin Bieber). I like to see my friends there and my cheerleader friends. I thought the talent show was fun.

I like to be at the Buddy Walk because I was happy to see my family and my friends. Thanks for all the people who made this Buddy Walk so special. It made me feel really happy.

*Submitted by Callie Ruth Baesler, 6th Grade Student at Morton*



# DSACK

**Our children made beautiful posters this year!**

## The National Anthem

*We Sang the National Anthem again this year... thank you to Traci Brewer and Caroline Baesler for leading us off! It seemed more special this year with over 1800 walkers, all honoring our country together, as a community, singing!*



*O! say can you see by the dawn's early light,  
What so proudly we hailed at the twilight's last gleaming,  
Whose broad stripes and bright stars through the perilous fight,  
O'er the ramparts we watched, were so gallantly streaming.*



**BUDDY WALK**

**Thank You to our Entertainers and Sponsors**

who generously donated their time and goods to help create our 8th annual Buddy Walk!!!

Thank



**In-Kind Sponsor**

- Carpet One
- Classic Limos
- Donut Dayz
- Fazolis
- Flav D Rich
- Gymboree
- Hawkins DJ Service
- Highbridge
- Jazzercise
- Kids Place
- King's Gardens
- Kristin Tatem Photography
- Lundy's Special Events
- Micale Howley Design, LLC
- Nancy Fister Photographer
- Party Right Productions
- Paul Strang - Trumpeter
- Pepsi
- PJ and Greg
- Porter Memorial Church
- Rap It Up dance group
- Showcats
- Starbucks - Versailles Road
- Stepandrepeat.com
- Subway - Waller Avenue
- The McTeggart Irish Dancers
- Triple Crowne Golf Carts
- Wade Mitchell - musician

# DSACK

Our 2010 Sponsors....  
We Appreciate Your Generosity!

**Presenting Sponsor**

**Y**  
*OU*



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toyotageorgetown.com

**Silver Sponsor**

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- Harris Federal Law
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- Print Factor
- Saint Joseph's Health Systems
- Stivers HVAC

**Bronze Sponsor**

- Community Trust Bank
- Hinkle Contracting Company
- Innovative Pest Management (IPM)
- Kidz Club
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- Proactive Solutions, LLC
- Southern Hills Montessori

**Exhibitor Sponsor**

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- Anderson Co. Farm Bureau
- Anderson Packaging, Inc
- Aspen Community Living
- Cardinal Hill
- Cartridge World
- Child Development Centers of the Bluegrass
- Commonwealth Pediatrics



- Drs. Knight, Wahle and Chalothorn
- Enerfab
- Harmony Care Inc
- Keeneland
- Kentucky Furniture Warehouse
- Lord's Legacy Life Ministries
- Pediatrics Associates of Frankfort
- Simpson Optical

- Stockton Mortgage Corp
- The Stewart Home School
- Toyota of Frankfort
- Traditional Bank
- Walmart
- Women's Care of the Bluegrass

**BUDDY WALK**

# Winners



**Most money raised, with \$6300 in donations...**

**Levi's 321 Genes**

Prize: a photo package and picture on a billboard promoting next years walk!



**Runner up with \$6250 raised...**

**Jordan's Team**

Prize.. A Mary Kay package valuing \$100



**Over \$6000**

Jordan's Team  
Levi's 321 Genes

**Over \$4000**

Marie-Claire's  
Miracle Makers  
Megan's Team  
Will Power

**Over \$3000**

Emily's Entourage  
Joshua's Fanatical Family

**Over \$2500**

Sam E's Club

**Over \$2000**

Bobby's Bunch  
Hudson's Homies  
John's Jammers

**Over \$1500**

Alex's Army  
Ava's Parade  
Connor's Crew  
Joella's Joys  
Tarenne's Treasures

**Over \$1000**

Bella's Blessings  
Elijah's Construction Crew  
Jaylee Ann's "JA" Walkers  
Team Tori  
Trey's Troop

**Over \$500**

Chad's Champions  
Jack Adams  
Kate's Team  
Quan Quan Wilson  
Tanner's Tapestry  
Team Alex  
Team RPS  
The Stewart Home

# DSACK



## Most walkers with 127 walkers...

**Sam E's Club** Prize a photo package and picture on a billboard promoting next years walk!

## Runner up with 120 walkers....

**Will Power**

Prize: Wine Tasting for a group at Talon Winery!



## Most Creative Sign....

**Hudson's Homie's**

Prize: A Derby print by Michael Johnson, a young artist with Down syndrome!



## Congratulations to All!

**DSACK** appreciates **each and every-one of our walkers** in their efforts to raise money for awareness and support of our families in the Central Kentucky Area!!



## Thank you for your participation

3T's  
Adoring Abrianna  
AIM  
Anna's Fantastic Family  
Bank of Lexington  
Blakeman Team

Brandy Boo  
Bray Family  
"Chase"ing Butterflies  
Callie's Crew  
Cody's Kicken Crew  
Ethan's Team  
Harley's Team

Home Place Support Services  
Horn and Associates  
Issac's Monsters  
Jack Attack Team  
Jayden's Peeps  
Joe Joe's Trailblazers  
Jules' Jewells

Kylie's Krew  
Logan's Heroes  
M & M  
Olivia's Optimistic Onlookers  
Olivia's Outstanding Team  
Omarion  
Roger Dale Brown III

Team Cariel  
Team Ranker  
The Kidz Club  
Troy's Team  
Young Married Class  
Zach's Pac

**BUDDY WALK**

**Volunteers!**

WOW!! Over 200 volunteers dedicated their day to make ours **WONDERFUL!**



**CELEBRATIONS**

Congratulations, Keli and Brian and Rick and Sheri on your beautiful babies. Welcome to our DSACK family!



**Miles Hanna** born to the proud parents of Keli and Brian Hanna on 6/17/10. He weighed 3lbs. 3oz. and was a welcomed addition to our family.



**Jeremiah Nathaniel Haynes** first child recently welcomed by Rick and Sheri Haynes. At 5 weeks old, Jeremiah was the youngest DSACK member to attend this year's Buddy Walk!

**STUDENT SPOTLIGHT:**

DSACK is excited to have Patrice Fischer and Mallory Marshall, both graduate students in UK's School Psychology Program working on their Developmental Disabilities Practicum with us.

**STUDENT SPOTLIGHT:**

Nursing students Maureen and Jamie Rothing are volunteering with DSACK this semester and we are excited to have them as part of the DSACK family!

**DAD SPOTLIGHT:**

Eric Mullis is single-handedly remodeling the new DSACK playroom. You will be amazed when you see it! Thank you, Eric.

**THANK YOU TO:**

Faith Lutheran Church for hosting the 0-5 Parent Group & Playgroup for the past 1 1/2 years. The group will now meet at the new DSACK office.

**Thank You to Our Sponsors!**



People who know *Banking.*  
People who know you.



# DSACK

## A Recipe Of Love

By Linda Houglund (Will Merritt's Mimi)



Christmas 2007 was fast approaching and baking and decorating were in full swing. Gingerbread babies are everyone's favorites and I always take pride in having people say how good they are and how attractive they look. I have gathered the needed ingredients and have storage containers assembled.

A phone call changes my plans. Our daughter, Tonya is in labor and heading for the hospital. My husband and I pick up Eli, our grandson and soon to be big brother, from day care and take him home to await news from the hospital. The call comes.

Baby Will is here and everyone appears to be fine. Eli is very excited about going to the hospital to meet his new brother, but as the evening progresses, we become concerned that we had not heard from Tonya and Brent.

Brent, our son-in-law, comes home to pick up things for the night. He seems tired and a bit distracted and suggests that we wait until morning to come meet Will. We put Eli to bed with the assurance that he will get to meet his little brother tomorrow. Brent returns to the hospital to spend the night near Tonya and their new son.

Jim, Eli and I head for the hospital the next morning anxious to meet baby Will. We go to Tonya's room and she is holding Will. She puts out her arms to hug Eli and talks softly with him. Finally it is my turn to hold my grandson. He is beautiful and I walk with him to the window so I can take in every detail of his tiny face. I look into Will's beautiful, sparkling eyes and I know that I love him and everything about him.

As I stand holding Will and trying to decide whose eyes, nose, hair he has, I hear words that hurt my heart. Tonya says, "Mom, Will has Down syndrome." How can this be? How can this beautiful little boy have anything so dreadful? How can I make this go away and take away the hurt and fear I see in my child's face? I look at Will again, and I know that Down syndrome is only one aspect of this wonderful child and that we will nurture and celebrate his differences. He is Will and he is beautiful. How do we help him?

How do we celebrate when Will has at least one doctor's appointment a day? How do we begin to do the things we had planned to do for the holidays when Will's health is uncertain and we simply don't know how or what to do for him?

We are fortunate that our city has excellent support, both medical and emotional, for families dealing with Down syndrome. We are immediately given information and contacts for support groups and medical contacts are established to meet Will's medical needs. The next day, Tonya and Will are released from the hospital and settle into new routines at home, and we try to turn our attention back to the upcoming holidays.

I had promised to bake gingerbread babies and so I begin to assemble the ingredients and follow the recipe I have used for over two decades. The dough goes into the refrigerator to be chilled and I can think only of Will.

I take the chilled dough from the refrigerator and begin to cut out the gingerbread babies. Hard as I try to make them exactly alike each one is a little different. I give one a pat to straighten an arm and choose the red hot candies that make the best noses or eyes. The cookies go into the oven and come out all puffed up. I allow the gingerbread babies to cool on the cookie sheets and then move them to the tinfoil I have placed on the counter.

As I move them from cookie sheet to countertop, some need more time before they can be moved without breaking. Others have arms or legs that have become misshapen as they baked. As I store them in containers, I notice that no two are alike. Not one of them is perfect, but they are all gingerbread babies.

Christmas 2010 is almost here and our Will will soon be three years old. We are amazed by his many accomplishments. He loves people and they are drawn to his smile and his openness. He has taught us the joy of living.

It is time to bake gingerbread babies again and as I assemble the ingredients and prepare the dough, I know that I cannot make perfect gingerbread babies, but I can appreciate how every one of them is different but beautiful.



## Who Are We?

### BOARD OFFICERS

Traci Brewer, *Parent*  
Michelle Gilliam, *Parent*  
Regina Schmutte, *Parent*

### TREASURER

Lee Ann Mullis, *Parent & Consignment  
Inventory Analyst/Accountant*

### PROGRAM COORDINATOR

Allison Kerschbaum

### BOARD DIRECTORS

Harold Kleinert, *Ed.D., Executive Director of HDI*  
Samantha Matthews, *Special Education Teacher*  
Susan Hart Bell, *M.S., Ph.D., Parent & Professor  
of Psychology & Coordinator of Child Development,  
Georgetown College*

Meada Hall, *M.S., Ed.D. Principle Investigator &  
Project Director for Community Based Work Transition  
Programs, UK*

Matt Moore, *Director of Special Education,  
Jessamine County School District*

Sally Miracle, *Central Kentucky Special Education  
Cooperative; Low Incidence Consultant*

Heather Stillwell, *Special Education Teacher*

### ADVISORY COUNCIL

Caroline Boeh Baesler, *Parent & Attorney*  
Karen Roof Boudreaux, *Parent*

Becky Lesche, *Parent & Educator*

Dr. James Riley, *Pediatrician*

Malkanthie McCormick, *Parent & MD  
Internal Medicine Physician*

*DSACK Bylaws and financials are open for  
review, and the Board of Director Meetings  
are open to our community. Agenda items are  
determined well in advance.*

*The DSACK Newsletter is published bimonthly  
by the Down Syndrome Association of Central  
Kentucky, P.O. Box 910516,  
Lexington, KY 40591-0516.*

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## CALENDAR

### 0-5 PLAYGROUP & PARENT GROUP

All meetings will be held at the DSACK office, 212 Two Oaks Rd. in Nicholasville from 10 a.m. until 12 noon. Child care is provided. Siblings and grandparents are always welcome. Call us at 859-494-7809, email [newparentgroup@dsack.org](mailto:newparentgroup@dsack.org)

**November 13th** – Holly Pounders, MS, CCC-SLP & Amber Fleming, MS, CCC-SLP will be discussing developmental milestones/oral-motor milestones.

**December 11th** – no meeting

**January 8th, 2011** – Jennifer Stigall, MS, CCC-SLP will be discussing feeding issues and oral-motor strength.

**February 12th, 2011** – Melissa Hardison from Special Olympics Ky will discuss their Young Athletes Program, for children ages 2-7. Elementary students in this age group are welcome to join us.

### ELEMENTARY GROUP

RSVPs are crucial to planning a successful event. Bring your child out and meet Miss Sam and the other kids. It is for K and up! 859-494-7809 or [info@dsack.org](mailto:info@dsack.org) Contact us to RSVP and to be added to this group's email list. All events are in Lexington unless specified otherwise.

**November 13th** – Thanksgiving Feast @ Golden Corral in Nicholasville, 4-7 p.m. (DSACK's treat for 1 student and 1 adult per family) Movie Night immediately following at nearby DSACK office.

**December 11th** – Christmas Shopping and Lunch – Dollar Tree on Nicholasville Rd (by Shoe Carnival), 11 a.m. Drop off your kids with a Christmas list of friends and family. We will give them some spending money and they will be able to surprise you with gifts.

Parents encouraged to meet together at Schlotsky's while we shop. We will then walk to Schlotsky's for lunch. (DSACK's treat for students)

**January 8th, 2011** - Bluegrass Technology Center, 961 Beasley St # 140 in Lexington, 3 – 5 p.m. Learn about communication, positioning and entertainment. Staff will assist parents who want to check out devices or learn more about specific items. Childcare provided in the lobby while parents tour the center.

**February 12th, 2011** – Valentine Party ,DSACK office, 212 Two Oaks Rd, in Nicholasville, 3 – 5 p.m. We will decorate cookies and make cards. Students should bring a list of people to make cards for. Come and enjoy a day of crafts and cookies!

### TEEN/YOUNG ADULT GROUP (AIM – ADVOCATES IN MOTION)

RSVPs are crucial to planning a successful event. Bring your child out and meet Heather and the other young adults. 859-494-7809 or [info@dsack.org](mailto:info@dsack.org) Contact us to RSVP and to be added to this group's email list. All meetings are in Lexington unless specified otherwise. All costs for young adults to participate in these events is paid by DSACK.

**November 13th**–Southland Bowling Lanes, 2-4 pm  
**December** – no AIM meeting – come to the DSACK Christmas Party on Dec. 4th instead!

**January 8th, 2011** – Mad Potter, 3385 Tates Creek Rd, 12 – 3 p.m.

**February 12th, 2011** – Valentine Party, DSACK office, 212 Two Oaks Rd, in Nicholasville, 12:30-2:30 pm

**March 12th, 2011** – Movie Tavern, 133 North Locust Hill, time and movie TBA

**April 15th, 2011** – Picnic at the Arboretum, 500 Alumni Drive, 12 – 3 p.m.

**May 14th, 2011** – Surprise! The group member with the best attendance from November through April will choose this month's outing. He/she will be given several options and will have a part in planning the day's event.

**Mom's Night Out (MNO) Special Event**  
Meet Kim Edwards, author of Memory Keeper's Daughter November 15th at 6pm at Eileen's house. Mrs. Edwards will discuss her book and lead us in a writing exercise, then end with a question and answer session. Please RSVP to Eileen Miot at 859-340-2771 or [erwky@yahoo.com](mailto:erwky@yahoo.com). Please bring a journal and an appetizer or dessert to share. The address is 131 East 7th Street in Paris, KY. Directions: (GPS/Mapquest typically takes people to Millersburg...don't do this) Take Paris Pike (US27) to Paris. Once in Paris, Paris Pike turns into Main St. Take Main to 7thst, turn right. Pass stop sign. My home is 2nd house on the right.

**December**..Join us for our DSACK Holiday Party  
**January**...Look out for emails and check out our [www.dsack.org](http://www.dsack.org) for January's event.

### Holiday Party!

Please join us for our annual holiday party! This year's party will be held at Second Presbyterian Church, 460 E. Main Street, Lexington, KY. The festivities will be held on **Dec. 4**, from 11:00am-1:00pm.

## SUBMISSIONS

**Do you** want to submit information for inclusion in the next DSACK newsletter?

**Submission deadline** is **Wednesday, December 8th** and can be sent to Allison Kerschbaum at [allisonkerschbaum@insightbb.com](mailto:allisonkerschbaum@insightbb.com).

**Send DSACK pictures** of your family member who has T21 to be included in the banner of the newsletter. Digital photos only. Photos should be of individual alone – head and shoulders preferred.

**Do you...** \* Have an interest in placing an add in our newsletter?

\* Want to receive the newsletter by email instead of through regular mail to save DSACK mailing costs?

\* Know someone who might like to receive our newsletter?

If so, please contact Allison Kerschbaum at (859) 494-7809 or [allisonkerschbaum@insightbb.com](mailto:allisonkerschbaum@insightbb.com).

*Let's get the word out about DSACK and our loved ones with Down syndrome who are beautiful, capable and loved!*